

**Lighthouse Christian Academy**  
**1201 W. That Road**  
**Bloomington, IN 47403**

**DUE BY August 2<sup>nd</sup>,2010**

**PARENT PERMISSION FORM FOR 2010 CROSS COUNTRY RETREAT**

I/We, the parents/guardians of \_\_\_\_\_, understand the nature of the cross country retreat trip being planned to: McCormicks Creek State Recreation Area **August 5<sup>th</sup>, 6<sup>th</sup>, & 7<sup>th</sup>.**

Students should arrive at the front gate at McCormicks Creek State Recreation Area at **3:00 PM on Thursday, August 5<sup>th</sup>,2010.** The students should be picked up at the same location on **Saturday, August 7<sup>th</sup> at 11:00 AM.**

We understand that fees are **\$50 per student and are due on August 2nd.** This fee covers park entrance, camping space reservations, CC T-Shirt ,meals, and swimming passes.

We are in accord with the purposes of and procedures governing the trip. We hereby grant permission for our son/daughter to participate. We understand that adequate and appropriate supervision will be provided. We recognize, however, that unanticipated situations and problems can arise on any trip, school-sponsored or otherwise, which situations or problems are not reasonably within the control of the supervising teacher(s) or staff (including volunteers). We further agree to release and hold harmless the Lighthouse Christian Academy and the LCA Board of Trustees, their agents, officers, employees, and volunteers, from any and all liability, claims, suits, demands, judgments, costs, interest and expense (including attorneys' fees and costs) arising from such activities, including any accident or injury to the student and the costs of medical services.

In the event of an injury requiring medical attention, I hereby grant permission to the supervising teacher(s) or staff (including volunteers) to attend to my son/daughter. If the injury warrants further medical attention, I expect every effort will be made to contact me to receive my specific authorization before action is taken. If efforts to contact me are unsuccessful, I grant permission for necessary medical treatment to be given. In addition, I hereby give my permission to the supervising teacher(s) or staff (including volunteers) to take my child to the physician, dentist, or to the hospital if an accident or serious illness occurs on the trip and I cannot be located. In the event that a student must return to Lighthouse Christian Academy independently for reasons of health, accident, failure to conform to rules established by the teachers in charge, etc., we agree to accept full responsibility for and to pay for the cost of medical care, transportation and other incidental expenses.

\_\_\_\_\_  
Student Name (Please print) T-Shirt Size \_\_\_\_\_

\_\_\_\_\_  
Parent or Guardian (signed) Date

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Please check below IF your child has sensitivity to:     Bee Sting     Nuts     Dairy     Latex     Other

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Required medications:

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Please check below IF your child has:

Asthma     Diabetes     Kidney Injuries     Seizure Disorder     Heart Condition     Other Medical Condition

Required medications:

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Other medications:

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If the student requires medication, I understand that I am obligated to ensure that the medication and the Medication release form are complete and on file with Lighthouse Christian Academy.

**NOTE: If you bring any meds, they MUST be in their original container and you must give this to Mr. Forgeng immediately upon arrival.**

### **Items to bring**

- Bible, notebook , pen
- Bug spray
- Sunscreen
- Flashlight
- Pillow
- Sleeping bag / blankets
- Towels and washcloths
- Soap and shampoo
- Toothbrush and toothpaste
- Deodorant / personal items
- Lawn chair
- Running Shoes
- Running clothes x 4
- Running socks x 5 (or more)
- Clothes to hike / play in x 3
- Shoes to hike / play in
- Swim suit
- Pool towel
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[\(please contact Coach Forgeng if you can provide a tent for use during this outing\)](#)

**NOTE: Please use discretion in selecting clothes that advertise certain products. Decent and modest clothing is required at all times. All clothing (including swim suit) must meet the LCA Dress code.**